

City of Jacksonville Recreation & Parks



START SMART

The Right Start.....Start Smart

Start Smart Programs, created by the National Alliance for Youth Sports, help kids get ready for sports...and succeed in life. It is an innovative step by step approach that builds confidence and self-esteem in a fun and safe sports environment.

During 6 one hour sessions your child will be introduced to basic sports skills and challenged at their own pace so they can be prepared for organized sports in the future.

Sessions and Times....

- Mar. 12 10am -11am -Parent Information Meeting at Jacksonville Commons Rec. Center
- Mar. 13 10am -11am -Sports Readiness Pretest -Skill Development Exercises
- Mar. 20 10am -11am -Skill Development Exercises
- Mar. 27 10am -11am -Skill Development Exercises
- April 3 10am -11am -Skill Development Exercises
- April 10 10am -11am -Skill Development Exercises
- April 17 10am -11am -Skill Development Exercises

Sessions Held at
Jack Amyette Gym

Registration Begins
February 6th—March 2nd

AGES: 3-5 years old
COST: \$30 City Resident
\$45 Non-Resident

Recreation & Parks, NC

facebook

Athletic Hours:
Monday—Friday
8am-5pm

City of Jacksonville Recreation & Parks
100 Recreation Lane
Jacksonville, NC 28541

Register online for Programs, Activities & Events at
www.ci.jacksonville.nc.us or call 910-938-5312